

Open Forum 1

Web Site Worksheet

Chapter 7

Name: _____

Date: _____

1. Preparing to Listen

You are going to listen to a TV news program about stress in teenagers. Before you listen, think about the following questions.

Why do you think teenagers might have stress?

What are the effects of stress on teenagers?

How do you think you can help a teenager who has a lot of stress?



3. Listening for More Detail

Read questions 4–10. Listen to the program again and choose the correct answer for each question.

4. Jerome is a high school student in ____.

- a. Chicago
- b. Philadelphia
- c. Los Angeles

5. Before last year, what grade did Jerome get in most of his classes?

- a. A
- b. D
- c. F

6. What happened when his grades went down?

- a. His parents were angry.
- b. He stopped going to school.
- c. He was dropped from the basketball team.

7. According to Dr. Carson, why do teenagers get depressed?

- a. They eat fast food.
- b. They can't set priorities.
- c. They play too many sports.

8. What types of schools have students with this problem?

- a. good schools
- b. poor schools
- c. all schools

9. According to Dr. Carson, which of these is a good solution for depression?

- a. relaxing
- b. talking to teachers
- c. both a. and b.

10. How can teachers help a depressed student?

- a. Give more time for an assignment.
- b. Give higher grades.
- c. Talk about going to university.



2 Listening for Main Ideas

Read questions 1–3. Listen to the news program. Then choose the correct answer for each question.

1. According to Dr. Carson, teenager stress is often caused by ____.

- a. pressure at school
- b. an unhealthy diet
- c. lack of exercise

2. Jerome was always worried about ____.

- a. basketball
- b. the future
- c. his family

3. Stress made Jerome become ____.

- a. angry
- b. depressed
- c. competitive